

NUTRITION FACTS

Serving Size: 10 inch Ham and Turkey

SERVINGS: 1

Amount Per Serving

Calories 865

Calories From Fat 295

% Daily Value

Total Fat 33g

51%

Saturated Fat 9g

45%

Cholesterol 120mg

40%

Sodium 2400mg

100%

Total Carbohydrates 92g

31%

Dietary Fiver 6g

24%

Sugars 10g

Protein 46g

92%

Vitamin A 13%

Vitamin C 11%

Calcium 32%

Iron 45%

**Percent daily values are based on a 2,000
Calorie diet. Your daily values may be higher
Or lower depending on your calorie needs:**

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4