

NUTRITION FACTS

Serving Size: 10 inch Turkey Reuben

SERVINGS: 1

Amount Per Serving

Calories 745

Calories From Fat 155

% Daily Value

Total Fat 17g

26%

Saturated Fat 7g

35%

Cholesterol 60mg

20%

Sodium 2450mg

102%

Total Carbohydrates 100g

33%

Dietary Fiver 9g

36%

Sugars 13g

Protein 44g

88%

Vitamin A 28%

Vitamin C 58%

Calcium 40%

Iron 43%

**Percent daily values are based on a 2,000
Calorie diet. Your daily values may be higher
Or lower depending on your calorie needs:**

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4