

# NUTRITION FACTS

Serving Size: 6 inch Light Turkey

**SERVINGS: 1**

## Amount Per Serving

**Calories 350** **Calories From Fat 40**

## % Daily Value

<b>Total Fat 3g</b>	<b>4%</b>
<b>Saturated Fat 0g</b>	<b>0%</b>
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 510mg</b>	<b>22%</b>
<b>Total Carbohydrates 50g</b>	<b>16%</b>
<b>Dietary Fiver 3g</b>	<b>12%</b>
<b>Sugars 2g</b>	
<b>Protein 10g</b>	<b>20%</b>

**Vitamin A 7%** **Vitamin C 22%**

**Calcium 1%** **Iron 24%**

**Percent daily values are based on a 2,000  
Calorie diet. Your daily values may be higher  
Or lower depending on your calorie needs:**

	<b>Calories</b>	<b>2,000</b>	<b>2,500</b>
<b>Total Fat</b>	<b>Less than</b>	<b>65g</b>	<b>80g</b>
<b>Saturated Fat</b>	<b>Less than</b>	<b>20g</b>	<b>25g</b>
<b>Cholesterol</b>	<b>Less than</b>	<b>300mg</b>	<b>300mg</b>
<b>Sodium</b>	<b>Less than</b>	<b>2,400mg</b>	<b>2,400mg</b>
<b>Total Carbohydrate</b>		<b>300g</b>	<b>375g</b>
<b>Dietary Fiber</b>		<b>25g</b>	<b>30g</b>

**Calories per gram:**

**Fat 9 Carbohydrate 4 Protein 4**