

NUTRITION FACTS

Serving Size: 6 inch Veggie

SERVINGS: 1

Amount Per Serving

Calories 450 **Calories From Fat 60**

% Daily Value

Total Fat 13g **20%**

Saturated Fat 6g **30%**

Cholesterol 40mg **14%**

Sodium 845mg **35%**

Total Carbohydrates 56g **19%**

Dietary Fiver 5g **20%**

Sugars 7g

Protein 24g **48%**

Vitamin A 16% **Vitamin C 14%**

Calcium 31% **Iron 26%**

**Percent daily values are based on a 2,000
Calorie diet. Your daily values may be higher
Or lower depending on your calorie needs:**

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4